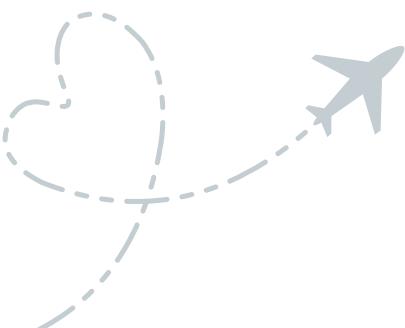


Medcarya



Health Tourism & Medical Excellence – Antalya







Corporate Services

MedCarya is a new generation healthcare tourism organisation based in Antalya. It offers international patients world-class medical services with an emphasis on comfort, safety and personalised care.

01

International patient
experience-focused service

02

Specialist medical staff

03

Accredited hospitals and
advanced technology
infrastructure

04

Organisation, transfers,
accommodation, interpreter

05

Transparent and patient
safety-based approach

06

Post-treatment care
processes



WEBSITE

medcarya.com

1

CONTACT

0 549 877 07 00



Contents

1. MedCarya Overview
2. Why Antalya?
3. Aesthetic Surgery
4. Dental Treatments
5. Hair Transplantation
6. Obesity and Metabolic Surgery
7. IVF and Regenerative Gynaecology
8. General Surgery
9. Eye Surgery
10. Oncology Healthcare Services
11. Check-Up Services
12. Additional Services





About MEDCARYA

MedCarya is a new generation healthcare organisation offering aesthetic, dental and medical treatments under one roof in the field of international health tourism. Treatment processes are approached not only with medical success but also with patient experience, comfort and a sense of security. **MedCarya designs personalised healthcare journeys for each patient.**

All treatments are carried out in clinics and hospitals equipped with advanced technology.

Why Antalya ?

Antalya stands out as one of the world's leading centres for health tourism, with its modern healthcare infrastructure, experienced medical staff, state-of-the-art hospitals and strong tourism facilities.

Thanks to its international flight network, luxury hotels and the healing atmosphere of the Mediterranean, the treatment process becomes a comfortable recovery experience.

Health, Aesthetics and Lifestyle in Antalya

MedCarya brings together the health and tourism advantages offered by Antalya in a single experience. When treatment processes are planned, patients' comfort, need for rest and time management are considered together.

Following surgical and aesthetic procedures, patients continue their recovery process in an environment immersed in the sea, nature, and culture. Antalya transforms the aesthetic and health journey into more than just a treatment; it becomes an experience that enhances quality of life.



Cosmetic Surgery Services

Aesthetics shaped by naturalness, surgery supported by science.

At MedCarya, aesthetic surgery is performed using personalised approaches that prioritise facial and bodily integrity and aim for natural results. Detailed analyses are conducted for each patient, expectations are clarified, and surgical planning is developed with a focus on maintaining a scientific-aesthetic balance.

The aesthetic surgery process is meticulously managed by professional teams throughout all stages: preliminary assessment, surgical procedure, and post-operative follow-up.



Facial Aesthetic Surgery

Your expression is preserved, your face is rejuvenated.

The aim of facial aesthetics is to achieve a more balanced and youthful appearance while preserving the individual's expression. Naturalness, symmetry and facial proportions are prioritised.



Rhinoplasty (Nose Aesthetics): Taking into account the overall proportions of your face, your facial expressions and your characteristic features, we create a nose shape that is fully harmonious with your face without losing its natural appearance. The aim is to achieve a natural look that suits you.



Facelift: Targeting sagging, loosening and signs of ageing that occur over time, we aim to give you a firmer, more dynamic and vibrant appearance without compromising your face's natural expression.



Eyelid Surgery: By eliminating drooping, puffiness and a tired appearance in the upper and lower eyelids, we make your eyes look more refreshed, youthful and energetic.





Chin & Jawline Surgery: The jawline and facial profile are reshaped to ensure that the facial features appear more defined, balanced and aesthetically harmonious.



Otoplasty (Ear Aesthetics): The angle and shape of the ears are rearranged in accordance with natural proportions that are in harmony with the face; the aim is to achieve results that are not noticeable from the outside but positively affect the overall appearance of the face.



Temporal Lift (Temple Lift): Sagging and loosening in the temple area are corrected; the eyebrows and eye area are lifted, and the facial expression is restored to a more youthful and refreshed appearance while preserving natural facial expressions.



Neck Lift: Sagging, loosening and lines that develop over time in the neck area are eliminated, resulting in a clearer, smoother and more youthful appearance of the chin and neck line. The aesthetic harmony between the face and neck is restored.



Bichectomy (Cheek Fat Removal): Excess fat tissue in the cheeks is reduced in a controlled manner, giving the facial contours a slimmer, more defined and balanced shape. While preserving the natural structure of the face, the cheekbones and jawline are made more prominent.



Body Aesthetic Surgery

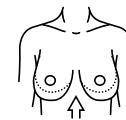
Body proportions are rebalanced. In body aesthetic procedures, the individual's anatomical structure, lifestyle and expectations are evaluated together. The aim is to achieve more balanced, aesthetic and natural body contours.



Breast Implants: Implants selected in accordance with body proportions and the individual's expectations aim to give the breasts a fuller, more balanced and natural shape. The goal is to achieve an aesthetic appearance that is in harmony with the body silhouette.



Breast Lift: Sagging caused by weight changes or after childbirth is corrected, giving the breasts a firmer, more lifted and youthful appearance. An aesthetic posture is achieved while preserving the natural breast shape.



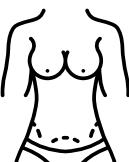
Breast Reduction: Physical discomfort and posture problems caused by excessively large breasts are reduced, and the breasts are made proportionate to the body, light and aesthetically pleasing. Both visual and functional comfort are aimed for.



Tummy Tuck: Sagging, loosening and excess skin tissue in the abdominal area is removed to achieve a flatter, firmer and fitter-looking tummy. The body shape is reshaped, particularly after childbirth or weight loss.



Liposuction: Fat deposits that are resistant to diet and exercise are targeted to make the body contours more balanced and defined. Slimming is achieved while preserving natural body curves.



Mommy Makeover: Changes in the body after childbirth are addressed with a holistic approach; firming of the breasts, abdomen and specific areas of the body is achieved, aiming for a more balanced and youthful silhouette.



Arm Lift: Sagging and looseness in the upper arms are eliminated, resulting in firmer, smoother, and more toned arms. This provides a more aesthetically pleasing appearance in clothing.



Thigh Aesthetics: Sagging and irregularities in the thigh area are corrected, giving the legs a firmer, more balanced, and aesthetically pleasing shape. Harmony with the lower body is ensured.



BBL (Brazilian Butt Lift): Using the patient's own fat tissue, the buttocks are reshaped, gaining fullness and lift. A natural, proportionate and feminine appearance is targeted.



Dental Treatments

Your smile changes, your confidence is renewed.

At MedCarya, dental aesthetics stands out as one of the most preferred areas within the scope of health tourism.

Aesthetic and functional smile transformations are achieved with treatment plans completed in a short time.

Time management is prioritised for international patients; digital measurements are taken, simulations are prepared, and the treatment process is planned from start to finish.



Dental Aesthetics and Oral Health Services Provided

Hollywood Smile: Creating smile designs that are aesthetically pleasing, eye-catching, and complement facial features.

Implant Treatments: Modern implant systems are used to permanently restore the function and aesthetics of missing teeth.

While planning is tailored to the individual based on bone structure and patient needs, the All-on-4 and All-on-6 solutions enable fixed and comfortable full dental restorations to be achieved in a short time for patients with advanced tooth loss.

Many cosmetic dentistry procedures can be completed in as little as **5-7 days**.

Teeth Whitening: Discolouration on the tooth surface is removed using safe and controlled methods, resulting in a brighter and more natural smile.

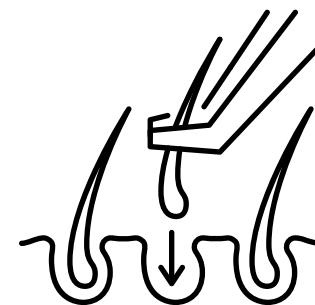
Aesthetic Veneer Treatments (Zirconium & E-max): Zirconium or E-max systems are applied according to the patient's needs in order to restore the natural appearance and function of the teeth.

Zirconium veneers stand out for their durability and jaw compatibility, while E-max applications offer superior translucency and a natural appearance for patients with high aesthetic expectations. Both methods aim for long-lasting, biocompatible and aesthetic results.

Hair Transplant

Natural-looking and permanent hair solutions are applied using advanced techniques by our experienced team.

- ✓ FUE Hair Transplantation
- ✓ DHI Hair Transplantation
- ✓ Beard & Moustache Transplantation
- ✓ Eyebrow Transplantation
- ✓ Hair Mesotherapy
- ✓ Hair Follicle Revitalisation Treatments



Obesity and Metabolic Surgery

With obesity and metabolic surgery, we aim not only for weight loss but also for metabolic balance.

We address diabetes, insulin resistance, and metabolic issues simultaneously with a holistic approach.

We produce lasting results through personalised surgical planning and a multidisciplinary follow-up process.

Our goal is not quick fixes; it is to provide a healthy, sustainable and safe life transformation.

We are transforming quality of life today through a scientific approach and expert physician experience.

- ✓ Gastric Sleeve
- ✓ Gastric Bypass
- ✓ Nutrition Programmes



IVF and Regenerative Gynaecology

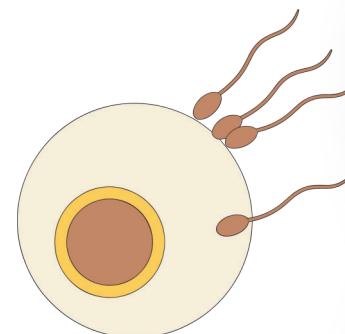
We don't just treat women's health; we confidently build life's most precious process.

We meticulously manage every step with advanced technology, a scientific approach and personalised planning in the field of Gynaecology and IVF.

We don't leave the fertility process to chance; we proceed at the right time with the right method.

Our goal is not just to achieve results; it is to provide confidence, comfort and sustainable success.

- ✓ In Vitro Fertilisation (IVF)
- ✓ Regenerative Gynaecology
- ✓ Vaginal Aesthetics
- ✓ Longevity & NAD



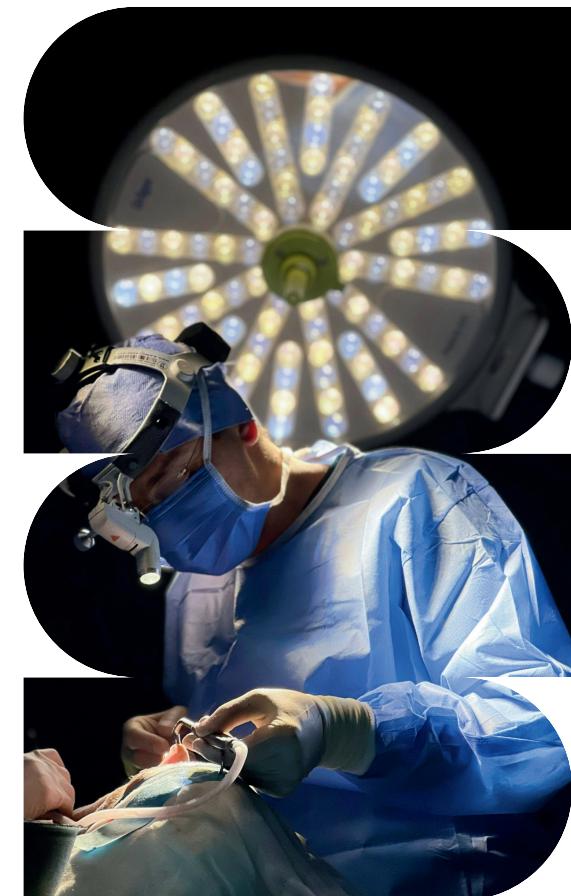
General Surgery

We manage the entire process from diagnosis to treatment in the fields of General Surgery and Internal Medicine at a single centre, using a holistic approach.

By combining surgical expertise with internal follow-up capabilities, we offer fast, safe and accurate solutions.

We do not leave treatment to chance, relying instead on personalised planning, scientific decision-making and advanced technologies. Our aim is not merely to intervene, but to protect health in a lasting and sustainable manner.

- ✓ Digestive System Surgery
- ✓ Gallbladder and Hernia Surgery
- ✓ Endoscopy & Colonoscopy
- ✓ Thyroid Surgery
- ✓ Cancer Surgery
- ✓ Endocrine Surgery



Eye Surgery

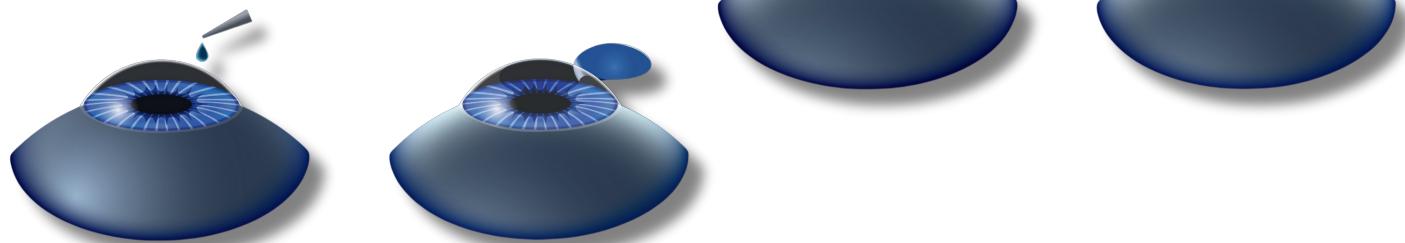
In eye health, we focus not only on vision but also on improving quality of life.

From diagnosis to treatment, we offer tailored solutions for each patient using advanced technology and a specialist approach.

We combine surgical and medical procedures with scientific precision to ensure safe outcomes.

Our aim is not temporary solutions but long-term, healthy and clear vision.

- ✓ Smart Lens Replacement
- ✓ Cataract Surgery
- ✓ No-Touch Laser
- ✓ Lasik
- ✓ Eye Colour Change



Oncology Healthcare Services

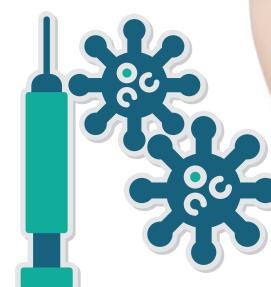
In oncology healthcare, we do not merely provide treatment; we manage the entire process from start to finish with scientific rigour.

From diagnosis to treatment, we develop bespoke solutions for each patient through a multidisciplinary approach and advanced technology.

Our goal is not only to fight the disease but to offer a journey that preserves quality of life and provides reassurance.

We make a difference in oncology with our strong expertise and holistic care approach.

- ✓ Diagnosis and Assessment
- ✓ Chemotherapy and Immunotherapy Planning
- ✓ Surgical Organisation
- ✓ Follow-up and Monitoring Processes



Check-Up Services

Our check-up programmes aim to detect illnesses before they develop, rather than after they have emerged.

We comprehensively assess overall health through personalised screenings, managing potential health risks via early diagnosis, appropriate referrals, and specialist medical analysis.

Types of Check-Ups

- Standard Check-Up
- Premium Check-Up
- VIP Check-Up
- Women's Check-Up
- Men's Check-Up
- 18–30 Years Old Check-Up
- 30–40 Years Old Check-Up
- 40–50 Years Old Check-Up
- 50 Years Old and Over Check-Up
- Corporate Check-Up



Additional Services



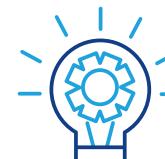
Flight Ticket (Upon Request): The most suitable flight options are planned to ensure a smooth process from the beginning to the end of your journey.



VIP Transfer Service: Safe transportation is provided between the airport, hotel and clinic in private, comfortable vehicles, without any loss of time.



Accommodation: Accommodation options are provided in comfortable, centrally located hotels that prioritise your rest, in line with your treatment process.



Interpreter Support: Professional interpreter services are provided to enable communication in your native language during examinations, treatments, and all official procedures.



Tour Organisation (Upon Request): Special tours are planned at times convenient to your treatment schedule, allowing you to discover the cultural and natural beauty of the region.



24/7 Patient Advisory Service: Your personal patient advisor is available whenever you need them throughout your treatment.

MedCarya



*Your treatment journey with **MedCarya** transforms into a healing experience, combined with the unique nature and culture of the Mediterranean.*





Güzeloba Mah. 2134 Sk. Flora Park Evleri Sitesi
B Blok No: 9B-5 Muratpaşa / Antalya



WEBSITE
medcarya.com



CONTACT
0 549 877 07 00